

# C.A. TRACK CLUB

## ALL TIME RECORDS

### Sub-Bantam- Girls

|     |                |       |                 |         |
|-----|----------------|-------|-----------------|---------|
| 100 | Flint, Allison | 18.41 | PAC Chamionship | 6/12/10 |
| 200 | Flint, Allison | 20.81 | Skyline AC      | 1/30/10 |
| Jav | Flint, Allison | 16-10 | Tommie Smith    | 5/22/10 |

### Sub-Bantam- Boys

|     |                       |         |                  |         |
|-----|-----------------------|---------|------------------|---------|
| 100 | Sims, Ramon           | 15.36   | PAC Championship | 6/13/09 |
| 200 | Sims, Ramon           | 33.64   | Mission Valley   | 5/9/09  |
| 400 | Choquette, Clovis     | 1:22.44 | PAC Championship | 6/12/10 |
| LJ  | Awaikoaiya, Khukheper | 8'9"    | USATF Top 3      | 6/26/09 |
| Jav | Windross, Kpazawala   | 20'5"   | Tommie Smith     | 5/22/10 |

### Bantam- Girls

|       |                                     |          |                    |         |
|-------|-------------------------------------|----------|--------------------|---------|
| 100   | Glover, Marne                       | 13.55    | PAC Championships  | 6/13/10 |
| 200   | Glover, Marne                       | 27.90    | Top 3              | 7/10/10 |
| 400   | Glover, Marne                       | 65.71    | Top 3              | 7/10/10 |
| 4x100 | Glover, Awakoaiye, Benton, Robinson | 56.92    | Top 3              | 7/11/09 |
| 4x400 | Glover, Awakoaiye, Benton, Robinson | 4:46.13  | Top 3              | 6/13/09 |
| SP    | Robinson, Tiera                     | 14'5".25 | USATF Jr. Olympics | 7/09    |
| LJ    | Awakoaiye, Kara                     | 10'9"    | CATC               | 4/18/09 |
| HJ    | Flint, Bridgette                    | 4-01.00  | Tommie Smith       | 5/09    |
| Jav   | Glover, Marnae                      | 41-00    | Tommie Smith       | 5/22/10 |
| Multi | Robinson, Tiera                     | 778      | USATF Jr. Olympics | 7/09    |

### Bantam- Boys

|       |                               |        |                  |         |
|-------|-------------------------------|--------|------------------|---------|
| 100   | Evans, Keith                  | 13.51  | PAC Championship | 6/09    |
| 200   | Evans, Keith                  | 28.40  | Top 3            | 7/11/09 |
| 400   | Sims, Ramon                   | 69.74  | Top 3            | 7/7/10  |
| 4x100 | Sims, Evans, Green, Castaneda | 69.22  | PAC Championship | 6/6/10  |
| LJ    | Evans, Keith                  | 13-10" | PAC Championship | 6/6/09  |
| Jav   | Huffins, Zachary              | 54.52m | CATC             | 3/22/08 |

**Midget- Girls**

|       |                                     |         |              |         |
|-------|-------------------------------------|---------|--------------|---------|
| 100   | Awakoaiye, Kara                     | 13.62   | Tommie Smith | 5/22/09 |
| 200   | Tiera Robinson                      | 28.71   | CATC         | 4/17/10 |
| 400   | Tiera Robinson                      | 61.28   | Top 3        | 7/10/10 |
| 800   | Tiera Robinson                      | 2:38.25 | 3m           | 7/10/10 |
| 1500  | Wilson, Ebony                       | 6:16.70 | PAC          | 6/12/09 |
| 80h   | Awakoaiye, Kara                     | 13.86   | Top 3        | 7/7/10  |
| 4x100 | Albert, Awakoaiye, Wilson, Robinson | 53.65   | Top 3        | 7/7/10  |
| 4x400 | Albert, Awakoaiye, Wilson, Robinson | 4:26    | PAC          | 6/12/10 |
| LJ    | Awakoaiye, Kara                     | 14'9    | CATC         | 4/10    |
| HJ    | Flint, Bridgette                    | 4'1"    | Tommie Smith | 6/12/10 |

**Midget- Boys**

|       |                               |         |                  |         |
|-------|-------------------------------|---------|------------------|---------|
| 100   | Richard, Gabriel              | 13.08   | CATC             | 3/22/08 |
| 200   | Evans, Keith                  | 27.90   | Top 3            | 7/10/10 |
| 400   | Richard, Gabriel              | 63.06   | Tommie Smith     | 5/17/08 |
| 800   | Awakoaiye, Bakare             | 2:37.35 | PAC Championship | 6/13/09 |
| 80h   | Evans, Keith                  | 17.80   | CATC             | 4/17/10 |
| 4x100 | Orangunwa, Green, Sims, Evans | 59.47   | Dellums          | 3/27/10 |
| LJ    | Richard, Gabriel              | 15'1"   | CATC             | 3/22/08 |
| SP    | Edwards, Tahari               | 19'4"   | Mission Valley   | 5/9/09  |
| Jav   | Edwards, Tahari               | 39'9"   | Mission Valley   | 5/9/09  |

**Youth- Girls**

|       |  |         |                            |           |
|-------|--|---------|----------------------------|-----------|
| 100   | Robinson, Kristin                      | 12.40   | Mills Meet                 | 4/09      |
| 200   | Treadwell, Asha                        | 27.72   | AAU Qualify Meet           | 06/05     |
| 400   | McCowan, Ex'Zaryia                     | 1:03.02 | AAU Qualify Meet           | 06/08     |
| 800   | Robinson, Kristin                      | 2:42.37 | USATF Jr. Olympics Qualify | -Mu6/09   |
| 1500  | Hameed, Qiyamah                        | 6:21    | AAU                        | 06/05     |
| 100h  | Robinson, Kristin                      | 14.93   | USATF Jr. Olympics         | 7/09      |
| 200h  | Robinson, Kristin                      | 28.41   | USATF Jr. Olympics         | 7/09      |
| 4x100 | Robinson, McCowan, Rodriquez, Broadnax | 52.76   | AAU Qualify Meet           | 06/08     |
| 4x200 | Amey, Bilal, Nkululeko, Treadwell      | 1:56.46 | 2005                       |           |
| 4x400 | Amey, Bilal, Nkululeko, Treadwell      | 4:21.55 | USATF Jr Olympics          | 7/05      |
| LJ    | Robinson, Kristen                      | 17-00   | Top 3                      | 7/09      |
| TJ    | Robinson, Kristin                      | 34'7"   | CATC                       | 4/09      |
| HJ    | Robinson, Kristin                      | 5'1     | USATF Jr. Olympics         | 7/09      |
| SP    | Robinson, Kristin                      | 32-7    | USATF Jr. Olympics Qualify | Multi6/09 |
| Dis   | Turner, Naomi                          | 38-3    | AAU Qualify Meet           | 06/05     |
| Multi | Robinson, Kristin                      | 3094    | USATF Jr. Olympics         | 7/09      |

**Youth- Boys**

|       |                                       |          |                  |         |
|-------|---------------------------------------|----------|------------------|---------|
| 100   | Richard, Gabriel                      | 12.44h   | CATC Intramural  | 3/13/10 |
| 200   | Jones, Matthew                        | 25.19    | PAC Championship | 6/12/10 |
| 400   | Richard, Gabriel                      | 56.40    | Tommie Smith     | 5/22/10 |
| 800   | Herron, Marcus                        | 2:27.42  | 3m               | 5/10/10 |
| 100h  | Johnson, Dante                        | 15.29    | Top 3            | 7/7/10  |
| 200H  | Gabriel Richard                       | 26.79    | Top 3            | 7/7/10  |
| 4x100 | Awakoaiye, Richard, Herron, Johnson   | 51.48    | Dellums          | 3/27/10 |
| 4x400 | Awakoaiye, Richard, Herron, Johnson   | 3:57.75  | Top 3            | 7/7/10  |
| 4x800 | Awakoaiye, Richard, Herron, Rodriquez | 10:11.52 | Top 3            | 7/7/10  |
| LJ    | Gabriel Richard                       | 18'9.75" | Top 3            | 7/7/10  |
| TJ    | Gabriel Richard                       | 36'2"    | 3m               | 5/15/10 |
| HJ    | Richard, Gabe                         | 5-00.00  | Tommie Smith     | 5/22/10 |
| SP    | Johnson, Dante                        | 19'7"    | CATC             | 4/17/10 |

**Intermediate- Girls**

|       |                                       |          |                   |         |
|-------|---------------------------------------|----------|-------------------|---------|
| 100   | Hamlin, LaShall                       | 12.56    | Top 3             | 7/10/10 |
| 200   | Hamlin, LaShall                       | 25.55    | Top 3             | 7/10/10 |
| 400   | Ryan, Chavarrianna                    | 58.54    | Top 3             | 06/08   |
| 100h  | Robinson, Kristen                     | 14.57(w) | Top 3             | 7/10/10 |
| 4x100 | Hamlin, Robinson, Deveroux, Evans     | 48.72    | USATF Jr Olympics | 7/10    |
| 4x200 | Hamlin, Robinson, Deveroux, Hart (yw) | 1:43.45  | Simplot           | 2/19/10 |
| 4x400 | Hamlin, Robinson, Deveroux, Hart (yw) | 4:06.49  | Simplot           | 2/19/10 |
| LJ    | Robinson, Kristen                     | 17'00    | Top 3             | 7/10/10 |
| TJ    | Oniah, Chinwe                         | 33-10    | AAU Jr Olympics   | 8/06    |
| HJ    | Robinson, Kristen                     | 5'2"     | Skyline/CATC AC   | 1/9/10  |
| SP    | Robinson, Kristen                     | 25-10    | Skyline/CATC AC   | 1/30/10 |
| Dis   | Brown, Alyssia                        | 78-5     | AAU Qualify       | 06/08   |
| Jav   | Treadwell, Asha                       | 51'2"    | AAU Jr Olympics   | 8/06    |
| Multi | Treadwell, Asha                       | 2788     | AAU Jr Olympics   | 8/06    |

**Intermediate- Boys**

|       |                                |         |                      |      |
|-------|--------------------------------|---------|----------------------|------|
| 100   | Henry, Derrick                 | 11.36   | AAU Jr Olympics-Qual | 7/08 |
| 200   | Horsley, Carl                  | 22.10   | AAU Jr Olympics      | 7/08 |
| 400   | Horsley, Carl                  | 49.52   | AAU Jr Olympics-Qual | 7/08 |
| 800   | Oniah, Uche                    | 2:25.96 | AAU Jr Olympics-Qual | 7/08 |
| 100h  | Wheaton, Tramaine              | 16.23   | AAU Jr Olympics-Qual | 7/08 |
| 4x100 | Horsley, Williams, Henry, Reed | 43.30   | AAU Jr Olympics-Qual | 7/08 |
| 4x400 | Horsley, Williams, Henry, Reed | 3:32    | AAU Jr Olympics      | 7/08 |
| LJ    | Williams, Allen                | 19'9"   | AAU Jr Olympics      | 7/08 |
| HJ    | Williams, Allen                | 6'0"    | AAU Jr Olympics      | 7/08 |
| SP    | Phillips, Kyle                 | 35-5    | AAU Jr Olympics      | 7/08 |
| Dis   | Reed, Akil                     | 118-0   | AAU Jr Olympics      | 7/08 |

**Young Women**

|       |                                 |         |                      |       |
|-------|---------------------------------|---------|----------------------|-------|
| 100   | White, Monikka                  | 12.08   | AAU Jr. Olympics     | 06/08 |
| 200   | Hubbard-Hart, Montairra         | 25.04   | USATF Top 3          | 06/09 |
| 400   | Hubbard-Hart, Montairra         | 56.10   | USATF Top 3          | 06/09 |
| 800   | Gambala, Alexandria             | 2:26    | AAU Jr. Olympics     | 06/08 |
| 1500  | Gambala, Alexandria             | 5:12    | AAU Jr. Olympics     | 06/08 |
| 100h  | Hudson, Dantia                  | 14.54   | AAU Qualify          | 6/06  |
| 400h  | Joi Glass                       | 63.39   | AAU Qualify          | 6/08  |
| 4x100 | Kamson, White, Oniah, Treadwell | 48.30   | AAU Qualify          | 6/08  |
| LJ    | Treadwell, Asha                 | 17'9"   | USATF Jr Olympics    | 7/09  |
| TJ    | Chinwe Oniah                    | 36-06   | AAU Jr Olympics-Qual | 7/08  |
| HJ    | Amey, Cheron                    | 4-08.00 | USATF Jr Olympics    | 7/09  |
| SP    | Phillips, Ashley                | 28-02   | AAU Jr Olympics      | 8/05  |
| Jav   | Hudson, Dantia                  | 58'10"  | AAU Jr Olympics      | 8/06  |
| Dis   | Oniah, Chinwe                   | 80-02   | AAU Jr Olympics      | 8/06  |
| Multi | Amey, Cheron                    | 3780    | USATF Jr Olympics    | 7/09  |

**Young Men**

|       |                                 |         |         |      |
|-------|---------------------------------|---------|---------|------|
| 100   | Horsley, Carl                   | 10.66   | Top 3   | 7/10 |
| 200   | Horsley, Carl                   | 21.44   | Top 3   | 7/10 |
| 400   | Horsley, Carl                   | 48.92   | Top 3   | 7/10 |
| 800   | Gutierrez, Anthony              | 2:04.15 | Top 3   | 7/10 |
| 100h  | Blue, Noah                      | 13.92   | Top 3   | 7/10 |
| 400h  | Blue, Noah                      | 55.09   | Top 3   | 7/09 |
| 4x100 | Sanders, Horsley, Henry, Rucker | 43.46   | Top 3   | 7/09 |
| 4x200 | Horsley, Rucker, Henry, Blue    | 1:28    | Simplot | 2/09 |
| 4x400 | Horsley, Rucker, Henry, Blue    | 3:20    | Simplot | 2/09 |
| SP    | McCoy, Laron                    | 40-08   | Top 3   | 7/09 |
| Dis   | McCoy, Laron                    | 119-5   | Top 3   | 7/09 |